

# Ceria nanoparticles boost activity of aged murine oocytes

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## Abstract

Oocyte meiotic maturation and viability of follicular granulosa cells in young and old experimental Balb/C and CBA mice in the presence of ceria nanoparticles were studied. Treatment of old Balb/c mice with ceria nanoparticles for three days once a day (at a dose of 45 mg/kg) leads to a positive effect on reproductive system. The number of oocytes in follicles increases and this effect is accompanied by an increase in the number of oocytes at metaphase I and metaphase II. The number of living granulosa cells increases, while percentage of the necrotic and apoptotic ones decreases relative to control group. Data obtained on CBA mice provided additional evidence for positive effect of ceria nanoparticles. Depending on the initial state of the reproductive system and dose of ceria nanoparticles the effectiveness of the treatment will vary. In case of old mice ceria nanoparticles protect ovarian cells against oxidative damage, working as anti-aging agent. The litter size in old mice treated with the CNs increases too.

**Keywords:** Ceria, Nanoparticle, Antioxidants, Oocyte meiotic maturation, Granulosa cell viability.

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## 1. Introduction

Application of cerium compounds as components of pharmaceuticals is a common practice. In most cases active component is represented by water-soluble cerium (3+) salts (nitrate, chloride, sulphate and acetate), as well as by some insoluble compounds (stearate, oxalate) in the form of colloid solutions [1].

The mechanism the cerium compounds act on organism is still not quite clear. In some instances biological activity of cerium compounds can be explained by similar ionic radii of cerium (3+) and calcium (2+), which enables partial calcium substitution by cerium in a number of biomolecules and therefore-manifestation of various biological effects. Mineral salts of rare earth elements (including cerium) are used as feed additives of animals in China more than 40 years. Numerous Chinese reports describe that a small amount of these lanthanides in the diet can increase the body weight gain of pigs, cattle, sheep, chicken and egg production.

Information on biological activity of ceria (cerium dioxide, CeO<sub>2</sub>) is even much more fragmentary: until recently little attention was paid to this substance, since

cerium dioxide is not soluble in water or biological fluids. However, the evidences for promising biomedical applications of ceria in nanocrystalline form were recently reported [2-5], for instance, UV-shielding property [6], antiviral activity of ceria colloids [7] etc.

An assumption was made that ceria nanoparticles (nanoceria, CNs) interaction with biological systems is based on two basic properties of this substance: low toxicity and high reducibility [5]. These factors determine activity of CNs in biological redox processes [8], especially in inactivation of reactive oxygen species (ROS), including free radicals that are formed inside living cells. Recently antioxidant action of CNs upon HT22 neuron cellular target [9] was also demonstrated, which suggest profitable use of CNs against neurodegenerative diseases. *In vivo* studies show that nanoceria administration to mice reduces oxidative stress. Nanoceria may decrease ROS content, thereby suggesting that CNs may be a useful antioxidant treatment for oxidative stress in mice [10]. As aging processes are known to be associated with the development of oxidative stress [11], the question about possible influence of the

CNs on the old animals has arisen. In our preliminary study of biological effects induced by CeO<sub>2</sub> (2-5 nm) in experimental animals, an unexpected positive influence upon sexual activity of old mice and recovered reproductive ability have been noted. Therefore we have decided to investigate the effect of CNs on oocyte meiotic maturation and viability of follicular granulosa cells in experimental animals.

## 2. Experimental section.

### 2.1. Colloid solution of ceria nanoparticles.

0.1 M colloid solutions of CNs stabilized by 0.1 M ammonium citrate were synthesized as follows [12]: 3.73 g of cerium (III) chloride heptahydrate and 2.0 g of citric acid were dissolved in 20 mL of distilled water. Under continuous stirring this solution was added rapidly to aqueous ammonia solution prepared by mixing 10 g of concentrated ammonia solution (Sigma, USA) and 100 mL of distilled water. The resulting mixture was stirred for 5 h, with further boiling aiming at producing 100 mL of 0.1 M ceria sol.

Optical absorption spectra were recorded on an OceanOptics QE 65000 spectrometer using a one beam scheme. The radiation sources were a DH 2000 deuterium-halogen lamp and an HPX 2000 xenon lamp. Optical absorption spectra were further used to calculate the bandgap energy  $E_g$  of CeO<sub>2</sub> nanoparticles.

The size of CNs was determined by transmission electron microscopy (TEM) on a Leo 912 AB Omega electron microscope at 100 kV accelerating voltage.

The hydrodynamic diameter by the dynamic light scattering (DLS) method and zeta-potential of citrate-coated CeO<sub>2</sub> nanoparticles was measured on a Malvern Zetasizer Nano ZS analyzer. Before the measurements, the sol was diluted with distilled water.

Powder X-ray diffraction (XRD) analysis of ceria nanopowders prepared by sols centrifuging was carried out on a Rigaku D/MAX 2500 diffractometer (CuK<sub>α</sub> radiation, instrumental broadening  $0.10 \pm 0.01^\circ 2\theta$ ). The goniometer rotation speed was  $2^\circ 2\theta/\text{min}$ . Crystallite size (D) of nanocrystalline ceria was calculated using Scherrer formula where coefficient of anisotropy was set to 1. Line profiles for (111) and (200) reflections were fitted to pseudo-Voigt functions.

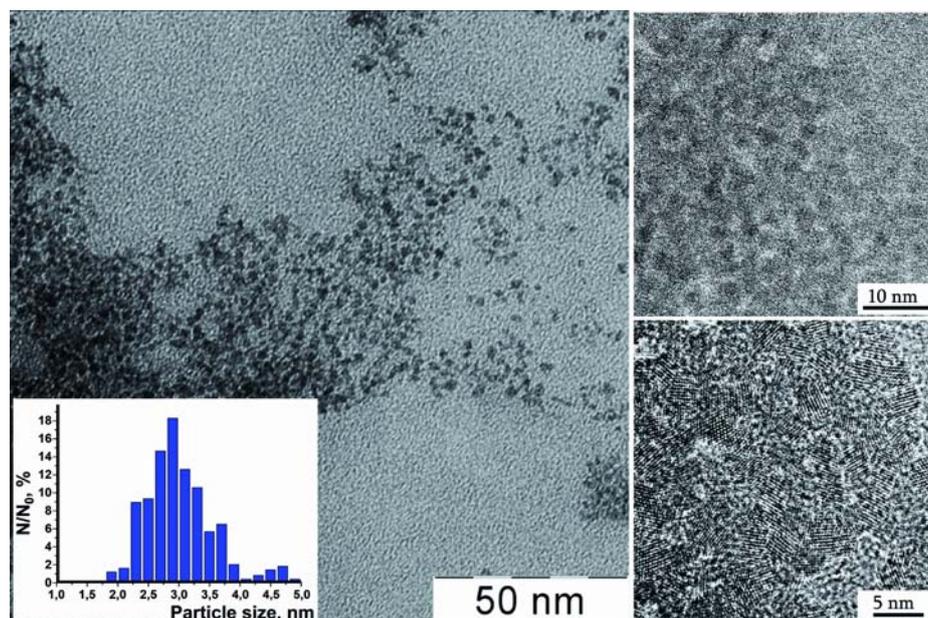
XRD has shown that the particles separated from the sol by centrifuging are single-phased and correspond to cubic CeO<sub>2</sub>. Analysis of diffraction peaks broadening indicates that synthesis method proposed allowed us to obtain ceria samples with crystallite size about 3 nm.

According to TEM micrographs and electron diffraction data (Fig. 1) the sol consists of weakly aggregated CNs of nearly isotropic shape 2-5 nm in size. Dynamic light scattering data indicate that mean hydrodynamic diameter of CeO<sub>2</sub> particles is 4.9 nm. This is consistent with the TEM data and is evidence that the presence of a monomolecular (or submonomolecular) layer of citrate ions has no noticeable effect on the particle size. Zeta-potential of CNs is negative (-20 mV).

According to UV-Vis spectroscopy data, the bandgap for CNs is 3.5 eV. Upon long-term storage the bandgap of CNs stayed unchanged thus indicating that the particle size in ceria sols is constant.

### 2.2. Animals. Isolation of oocytes and granulosa cells.

Determination of oocyte meiotic maturation. Inbred strains Balb/c and CBA of laboratory mice were used, namely old female mice at the age of 9-10 months: Balb/c (34-37 g) and CBA (25-28 g), as well as young female mice of the same lines (Balb/c, 22-23 g, and CBA, 16-20 g) that have recently reached sexual maturity (6-8 week



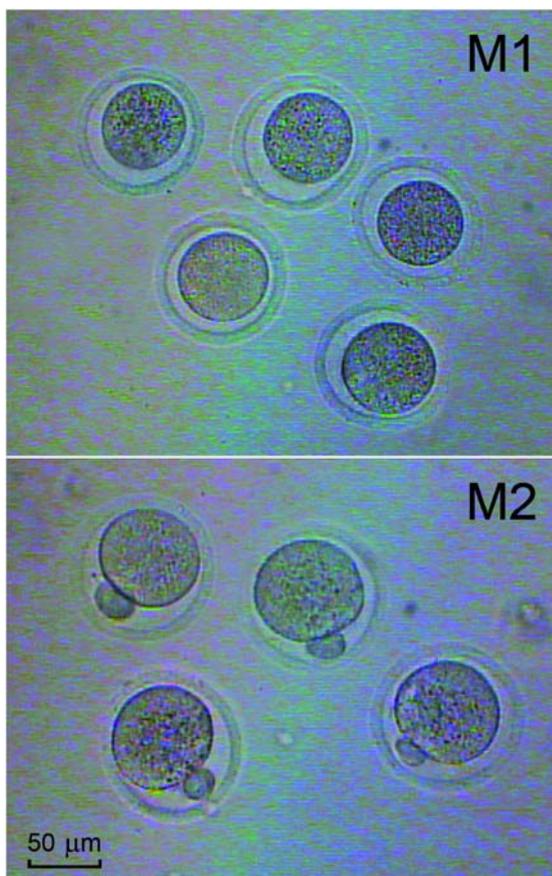
**Fig. 1** TEM (scale bar of 50nm) and HRTEM (scale bar of 10 nm and 5 nm) images of CNs in citrate-stabilized sol. Inset: particle size distribution according to TEM data.

age). Animals were kept at standard conditions with ad libitum provision of adequate diet.

Follicles were separated from ovaries under stereoscopic microscope and pressed with 23 G needle in Dulbecco's modified Eagle's medium (DMEM, Sigma, USA) to release cumulus-oocyte complexes (COCs) and granulosa cells. COCs were separated from other follicular cells without enzymes. Granulosa cells were sampled into sterile eppendorfs for further investigation of their viability.

COCs were cultured for 20 h in 4-well plates (Costar, USA) containing 500  $\mu$ L of DMEM with physiological  $Ca^{2+}$  concentration (1,71 mM) and supplemented with HEPES (15 mM) (Sigma, USA), 5% fetal bovine serum and antibiotics. Cells were kept at 37°C inside sterile box. The number of oocytes with germinal vesicle breakdown (metaphase I) was counted after 4 h, while the number of oocytes forming the first polar body (metaphase II) was estimated by optical microscope after 20 h (Fig. 2).

To distinguish between live, apoptotic, and necrotic granulosa cells supravital double staining was applied with Hoechst 33342 and propidium iodide dyes [13,14]. Propidium iodide can only enter cells with damaged membranes, staining their nuclei red. Hoechst dye 33342 can pass through intact membranes, causing green-blue

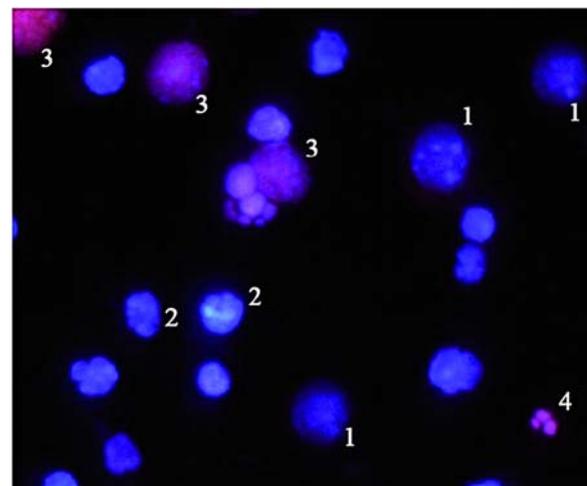


**Fig. 2** *In Vitro* Oocyte Maturation. Light micrograph of oocytes at two stages of their development: M1-metaphase I oocyte (break down of the germinal vesicle after 4 h culture); M2-metaphase II oocyte (emission of the first polar body after 20 h of culture). Scale bar is 50  $\mu$ m.

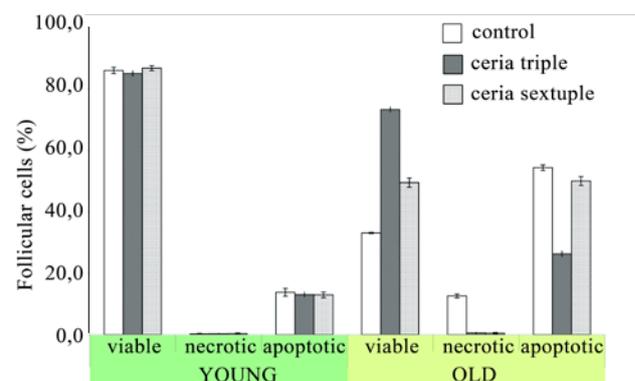
color of living cells. Morphological characteristics of the nucleus, specific for apoptosis, can be detected after binding of dyes with chromatin. Such characteristics include peripheral localization of chromatin, its condensation and cell fragmentation into membrane-bound apoptotic bodies (Fig. 3).

### 3. Results and discussion

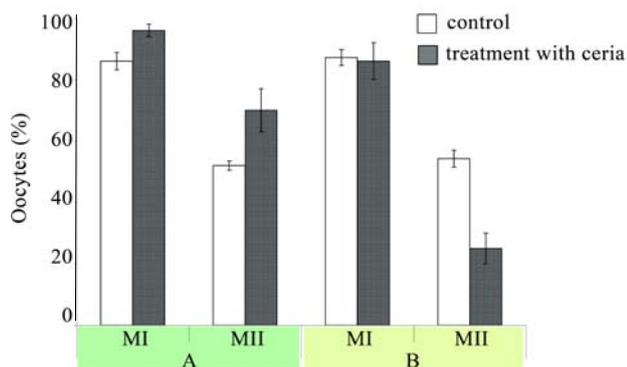
Treatment of old Balb/c mice with CNs for three days once a day (at a dose of 45 mg/kg) led to a positive effect on reproductive system. The number of living granulosa cells increased from 33.08 $\pm$ 0.19% to 73.25 $\pm$ 0.86% (Fig. 4), while percentage of the necrotic and apoptotic ones decreased relative to control (corresponding data are 0.50 $\pm$ 0.23% and 26.25 $\pm$ 0.92% vs. 12.58 $\pm$ 0.60 and 54.33 $\pm$ 0.92% in control group;  $P < 0.01$ ). The number of oocytes in follicles also increases from 13.00 $\pm$ 1.96%



**Fig. 3** Fluorescent microscope image of follicular cells stained with fluorescent dyes Hoechst 33342 and propidium iodide: 1-viable cells (Hoechst 33342 penetrates non-injured membranes and stains the nuclei of live cells in blue); 2-apoptotic cells (with characteristic nuclear changes: chromatin condensation, nuclear fragmentation, apoptotic bodies); 3-necrotic cells (propidium iodide penetrates through leaky plasma membranes and stains their nuclei in red); 4-apoptotic bodies.



**Fig. 4** The percentage of viable, apoptotic and necrotic follicular cells to the total amount of cells was calculated (mean $\pm$ SD) in young and old Balb/c mice treated with CNs. The follicular cells were examined not later than two hours after their mechanical separation from the cumulus-oocyte cellular complexes. In each treatment group were investigation 5-6 animals. Control mice received sodium citrate solution (0.03 M). For each animal not less than 1200 follicular cells were examined.

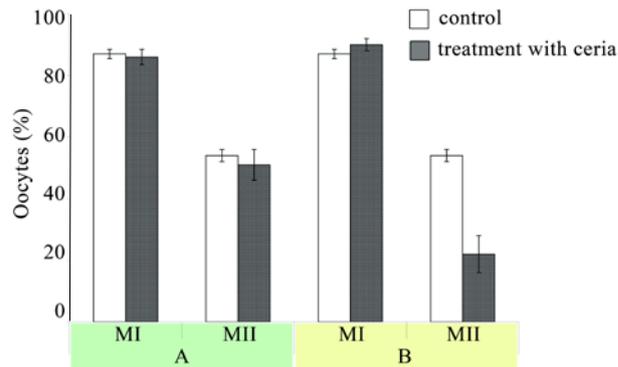


**Fig. 5** The percentage of oocytes (mean±SD) with germinal vesicle breakdown (metaphase I) and oocytes forming the first polar body (metaphase II) in old Balb/c mice treated with CNs. A: triple treatment of mice with CNs; B: sextuple treatment of mice with CNs. Control mice received sodium citrate solution (0.03 M). The oocytes (in cumulus-oocyte complexes) were cultured in medium in a humidified 5% CO<sub>2</sub> atmosphere at 37 °C for 4 and 20 h. The number of metaphase I oocytes was counted after 4 h, while the number of metaphase II oocytes was estimated by optical microscopy after 20 h of culture. The total number of examined oocytes were 425:138 oocytes from control mice and 287-from mice treated with CNs.

to  $9.00 \pm 1.76$ ;  $P < 0.05$ . This effect is accompanied by an increased in the number of oocytes at metaphase I and metaphase II (corresponding data are  $96.60 \pm 1.88\%$  and  $70.00 \pm 7.39\%$  vs.  $86.27 \pm 2.80\%$  and  $51.81 \pm 1.54\%$  in control group;  $P < 0.05$ ) (Fig. 5).

In case of young Balb/c animals, however, triple treatment with CNs (at the same dose) did not lead to significant changes in the number of oocytes inside follicles or percentage of cells that successfully reached metaphase I and II ( $85.71 \pm 2.58\%$  and  $50.55 \pm 5.72\%$  relative to  $86.71 \pm 1.48\%$  and  $53.74 \pm 2.11\%$  in control group;  $P > 0.05$ ) (Fig. 6). In young mice, CNs affected neither viability of granulosa cells nor their inclination to undergo necrosis or apoptosis (respective data are  $73.08 \pm 0.84\%$ ;  $0.25 \pm 0.13\%$ ;  $26.67 \pm 0.81\%$  vs.  $74.33 \pm 0.42\%$ ;  $0.33 \pm 0.14\%$ ;  $25.42 \pm 0.74\%$  in control group;  $P > 0.05$ ).

Sextuple treatment of old females with CNs showed smaller antiapoptotic effect, than observed in case of triple treatment. The fraction of apoptotic granulosa cells was the same as in the control old animal group ( $50.10 \pm 1.48\%$  vs.  $54.33 \pm 0.92\%$  in control group;  $P > 0.05$ ). Corresponding result of triple treatment was significantly ( $P < 0.01$ ) greater than that of sextuple treatment and control. Due to reduction of antiapoptotic effect mean number of living cells decreased, however remaining higher than that of control ( $49.50 \pm 1.47\%$  vs.  $33.08 \pm 0.19\%$ ;  $P < 0.01$ ), but significantly lower than in case of triple treatment (Fig. 4). At the same time reduction in the number of granulosa cells with morphological signs of necrosis was found only after six CNs administration (from  $12.58 \pm 0.60\%$  in control group to  $0.42 \pm 0.26\%$ ;  $P < 0.01$ ). Sextuple treatment with CNs did not change the number of metaphase I oocytes ( $86.40 \pm 5.80\%$  vs.  $87.16 \pm 2.58\%$  in control group;  $P > 0.05$ ), but reduced the ability of oocytes to reach metaphase II



**Fig. 6** The percentage of oocytes (mean±SD) with germinal vesicle breakdown (metaphase I) and oocytes forming the first polar body (metaphase II) in young Balb/c mice treated with CNs. A: triple treatment of mice with CNs; B: sextuple treatment of mice with CNs. Control mice received sodium citrate solution (0.03 M). The oocytes (in cumulus-oocyte complexes) were cultured in medium in a humidified 5% CO<sub>2</sub> atmosphere at 37 °C for 4 and 20 h. The number of metaphase I oocytes was counted after 4 h, while the number of metaphase II oocytes was estimated by optical microscopy after 20 h of culture. The total number of examined oocytes were 476: 155 oocytes from control mice and 321-from mice treated with CNs.

(respectively  $24.97 \pm 5.07\%$  and  $54.23 \pm 2.76\%$ ,  $P < 0.01$ ) (Fig. 5).

Sextuple treatment of young Balb/c mice with CNs revealed similar tendency: oocyte ability to reach metaphase I was not altered ( $90.49 \pm 1.96\%$  vs.  $86.71 \pm 1.48\%$  in control group;  $P > 0.05$ ), however the number of oocytes at the metaphase II stage significantly reduced ( $22.18 \pm 6.25\%$  and  $53.74 \pm 2.11\%$ , respectively;  $P < 0.01$ ) (Fig. 6). Application of mentioned dosing regimen had no significant effect on the number of living, apoptotic or necrotic granulosa cells relatively to control ( $86.75 \pm 0.83$ ;  $12.92 \pm 0.89$ ;  $0.33 \pm 0.19\%$  vs.  $86.00 \pm 1.00$ ;  $13.75 \pm 1.27$ ;  $0.25 \pm 0.13\%$  respectively;  $P > 0.05$ ).

In order to confirm/disapprove described results, the experiments were conducted also on CBA line. Data obtained on CBA old mice provided additional evidence for a positive effect of CNs on granulosa cell viability: the number of living granulosa cells increased, while percentage of apoptotic ones declined relative to control (corresponding data are  $57.89 \pm 3.00\%$ ;  $38.44 \pm 3.37\%$  vs.  $31.75 \pm 4.33\%$ ;  $64.25 \pm 5.14\%$  in control group;  $P < 0.01$ ). The number of oocytes in follicles also increased ( $2.00 \pm 0.50$  compared to  $0.50 \pm 0.30$  in control group;  $P < 0.05$ ).

It was revealed, that obtained litter size is proportional to active oocytes at the metaphase II stage; the viability and behavioural indicators of neonatal mice in the treated group did not differ from the control.

In a healthy organism reactions of free radical production and their inactivation are balanced. Disruption of this balance due to enhanced ROS formation or impaired mechanisms of antioxidant production results in oxidative stress. Oxidative stress affects duration of female reproductive period, even during menopause. The nature of ROS action upon female reproductive system is

dual: serving as a key signal molecules in physiological processes, reactive oxygen species are also involved in pathogenesis of various reproductive disorders [15,16]. ROS affect numerous physiological processes: meiotic maturation of oocytes, follicular development, and ovulation, cyclic changes in endometrium, fertilization, embryo growth and pregnancy [17-19].

In particular, redox status of the cell modulates angiogenesis, which is crucial for follicular growth, corpus luteum formation, endometrium differentiation and embryonic growth. There are reasons to believe that oxidative stress modulates age-related decrease in fertility. Oxidative stress also plays a role during pregnancy and normal parturition and in initiation of preterm labor [16]. Numerous studies have shown that oxidative stress is involved in pathophysiology of preeclampsia, free radical induced birth defects and abortion stimulation. Oxidative stress also plays a role in the pathophysiology of infertility and negative outcomes after *in vitro* fertilization, in pathogenesis of tubo-peritoneal factors infertility, endometriosis development, as well as unexplained infertility [15,16].

It has been shown that ROS generation in culture medium, which is used for assisted reproductive techniques, is greater than such in follicular fluid, which damages oocyte plasma membrane [20]. ROS can damage gametes and therefore embryos through DNA and RNA fragmentation, membrane lipid peroxidation [21]. This provides reasons for modifying *in vitro* fertilization protocols with the purpose to reduce ROS generation.

In view of cerium dioxide antioxidant properties, improvements in oocyte meiotic maturation, as well as viability of granulosa and cumulus cells after triple treatment with CNs can be explained by normalized balance between free radical production and system of their inactivation. Complex interactions between oxidative stress and cytokines that are involved in etiology of female reproductive system diseases should also be taken into account. Free radicals induce lipid peroxidation and cytokine secretion, including tumor necrosis factor-alpha

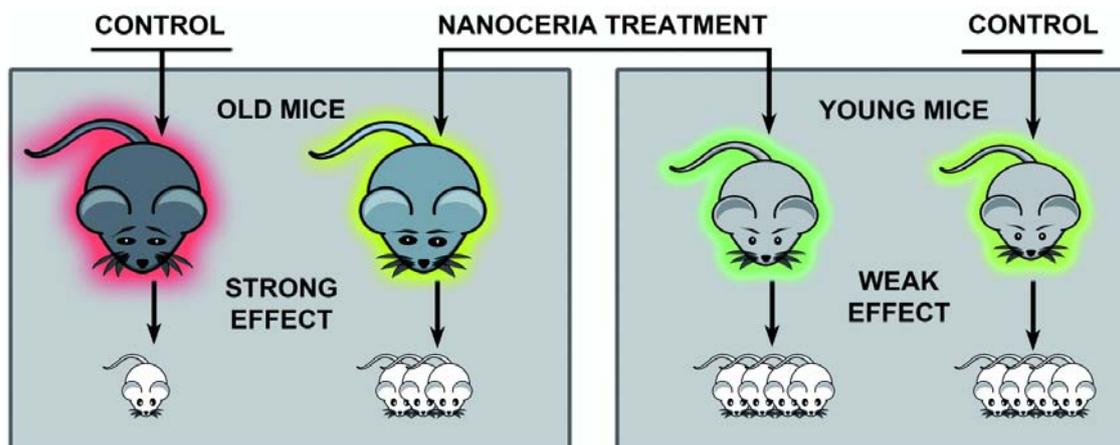
[22] increased concentration of which, as was previously shown [23], inhibits oocyte meiotic maturation and reduces number of living cumulus and granulosa cells via promotion of apoptotic and necrotic death.

However prolongation of treatment with CNs canceled positive changes in condition of cumulus-oocyte complexes. Such an effect can be explained using data concerning effect of antioxidants upon murine ovaries. According to Skolnik et al [24], ovulatory process can be down-regulated by ROS, which, in turn, are targeted by antioxidants. Apparently, ROS are formed in response to luteinizing hormone and serve as physiological intermediates of ovulation. It is important to note that antioxidants inhibit cumulus expansion, which roughly coincides with meiotic maturation [25].

Oocyte maturation and cumulus development are interrelated [26,27]. Optimal expansion of the cumulus mass is essential for cytoplasmic oocyte maturation [28]. It is generally known that oocyte maturation includes both nuclear and cytoplasmic maturation. The poor developmental competence of oocytes can be caused by insufficient cytoplasmic maturation, even if nuclear maturation is normal [29-32]. Thus, disorders in cumulus expansion can negatively affect oocyte maturation. As a result, the number of mature eggs leaving follicles decreases dramatically [23]. Usually, the deficiency of cytoplasmic maturation during *in vitro* fertilization results in impaired ability of oocyte to form male pronucleus and to develop into blastocysta [33,34].

#### 4. Conclusion

Growing evidences report that oxidative stress increases with aging of the organism. It is connected with intensification of the oxidant generation or/and weakening of the antioxidant system. As a result, more oxidants are present in the aged organism, which, in particular, leads to the loss of reproductive potential. Reactive oxygen species (ROS) can modulate cellular functions, and oxidative stress (OS) can impair the intracellular milieu, resulting in diseased or dead cells. As in many



**Fig. 7** The schematic conclusion of the article. NCs protect ovarian cells of old mice against oxidative damage thus working as anti-ageing agent. Treatment with NCs results in increase in the number of oocytes in follicles, increase in the number of oocytes at metaphase I and metaphase II, increase in the number of living granulosa cells and decrease in the number of necrotic and apoptotic cells.

cellular processes, a low level of ROS synthesis plays an important role in cell signal transduction pathways; in the oocyte, it is a prerequisite for the first meiotic phase (MI) and is also required for folliculogenesis. However, excessive ROS synthesis will impair oocyte maturation, and an inadequate intracellular antioxidant capacity (in particular, low concentrations of reduced glutathione) can limit successful ovulation and fertilization. *In vitro* fertilization is also affected by excessive ROS in embryo culture media, and the routine practice of incubating embryos at low oxygen pressure can prevent embryo arrest and enhance the chances of successful fertilization [35].

Reproductive cells and tissues remain stable when free radical production and scavenging by antioxidants remain in balance. ROS can affect a variety of physiological functions in the reproductive tract, and its excessive level can result in precipitous pathologies affecting female reproduction. The oxidant status can influence early embryo development by modifying the key transcription factors, hence modifying gene expression [36]. Nuclear and cytoplasmic failure of the aged oocyte can exert a negative influence on its developmental competence of oocyte [37].

The state of arrested meiosis is normal for oocytes. MI is a key step to exit the state of arrest. A sharp reduction in percentage of oocytes that spontaneously resume meiosis is detected in old animals. Average levels of ROS can activate oocytes and the development of subsequent phases of meiosis. The final stage of ovulation requires the abrupt changes in the level of ROS (which are the result of complex interactions of cytokines, hormones and other factors). It is possible that the administering of ceria leads to changes in the levels of ROS and these changes are the wake-up factor.

On the other hand, the success of global rearrangements in the oocyte cytoplasm and nucleus (destruction of the germinal vesicle, the formation of polar body) is determined by the degree of preservation of old transcripts. During the maturation of oocytes, some transcripts are destroyed rapidly and purposefully, while other transcripts must survive [38]. It is possible that CNs can affect them in some way, causing the effects we have found. CNs, as antioxidant agent, minimize concentration of free radicals down to the extent typical for young animals and required for the normal physiological processes. ROS depletion below normal levels can inhibit reproductive potency as well. Deterioration rates of reproductive system in young mice after sextuple treatments with ceria indicate their high sensitivity.

It is important that the study of the reproductive system requires a strict account of all factors such as age, linear background etc. Depending on the initial state of the reproductive system the measure of effectiveness of the ceria treatment will vary. In case of old mice nanocrystalline ceria protects ovarian cells against oxidative damage, working as anti-aging agent; the litter

size in old mice treated with the CNs increases too (Fig. 7).

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